

Smile Center Oral Surgery

Pre Operative Instructions For IV Sedation

1. Nothing to eat or drink past midnight the night before your appointment (No coffee, water, gum etc.) Drink lots of fluids up till midnight the day before to prepare your veins.
2. No smoking (cigarettes, vape) the day of surgery.
3. No recreational drug use 1 week prior to your surgery. This includes medical marijuana. We have zero tolerance policy, for your safety. We reserve the right to cancel your appointment if the use of illicit substances has been discovered or if your anesthesia is not successful because you have used these substances.
4. No alcohol consumption the day before the procedure.
5. Someone over the age of 18 must come with you who can wait for you in the office while you are in surgery and can drive you home after. You can not drive for 24 hours after IV sedation.
6. Please plan for someone to take care of you at home after the procedure.
7. No nail polish and/or long acrylic nails as it interferes with our oxygen sensors.
8. Please remove contact lenses and all jewelry (including watches) before surgery.
9. Please wear clothing with short or loose fitting sleeves and comfortable shoes (no sandals).
10. If the patient is a minor (under 18), he/she must be accompanied by a parent or legal guardian.
11. If you take any medications on a regular basis, please contact the office to see if you should take these on the day of your procedure.
12. If you use an inhaler, bring it with you on the day of surgery.

Please call the office 229-241-1010, if you have any other questions.